

HARROW TRAMPOLINE CLUB

NEWSLETTER EIGHTY TWO – February 2012



JAN AND KELLY'S BABYSITTING SERVICE

Jan and Kelly would like to let you know we are available for babysitting. We are available at short notice and as an added bonus, come with CRB and Child Protection Awareness!

Jan is in Pinner so will cover north of the Leisure Centre and Kelly is in Wembley so will cover the south.

Please ask either of us for further details.



HAVE YOU LOST YOUR HOODIE?

No one has claimed the lost hoodie – It must belong to someone – please check it's not yours

BEESHMAN RECEIVES AWARD

Last month I was very pleased to be presented with my Silver Duke of Edinburgh award which I completed after doing a skill, a sport, expeditions and many hours of volunteering,.

I had a great time doing sport as they were both enjoyed the expeditions and relieved once I had

I have now started award and look forward to

If anyone is thinking of doing their Duke of Edinburgh award or would like any help I would be happy to discuss my experience with you.



my volunteering and my trampolining. I also but I was even happier completed them.

working towards my Gold completing the tasks ahead.

Written by Beeshman Sivakumaran

CHRISTMAS SQUAD SESSION & QUASAR



After a year of hard work and competitions, the Squad enjoyed a festive training session, followed by Secret Santa and two games of Quasar. Parents and siblings were invited to join in the fun at Quasar and it was nice to see so many people enjoying themselves.

During the Squad session, everyone worked in teams and the results are as follows;

Congratulations to the Jumping Jelly Beans, made up of Noah, Leo, Rasharn, Sophie Crosby and Sophie Harris, who came 1st with a score of 340.5.



In second place were Team KKBTC, who were Keryn, Kirstie, Beeshman, Charlotte and Tara, with a score of 337.4.

In third place were the Jingle Bells: Lucy, Olivia NT, Shannon, Thiviya and Alex, with a team score of 314.7.

With hardly anything between them, Team Chocolate came 4th, Aaliyah, Sophia, Emma, Sandhya and Reanna, with a team score of 313.9.

Afterwards everyone enjoyed receiving their presents from Secret Santa before we went to battle at Quasar in Hemel Hempstead.

At Quasar everyone was split into two teams and the Red team won the first game with a score of 2,773 (The Blue team scored 1,846).

Congratulations to Noah's Dad who was Iceman and came 1st out of 24 players with an amazing individual score of 32,500. Not surprising then that Noah, who was Professor X, came second with an individual score of 30,100.

However ... The highest score was in the Red team where Keryn, who was Atom, scored an amazing 48,400.

The second game was won by the Blue team with an individual score of 2202. They were Jan, Olivia, Kelly, Charlotte and her Dad, Kirstie, Sophie Hall and her Dad, Leo, Tara, Reanna and Sophie Harris.

The highest score went to Red 5 – Aquaman, who came 2nd with an individual score of 17,100.



ACHIEVEMENT OF THE YEAR AWARD



Kelly has now been through most of your Squad folders to see how many of you have achieved the goals you set yourselves for 2011 and to set new goals for 2012.

From this, we have short listed the following people for the very prestigious Achievement of the Year award, last won by Noah Gill.

Being considered for the award are, in no particular order, Reanna Gregory, Sophia Hall, Lara Turner, Olivia Neil-Trenchfield and Beeshman Sivakumaran.

We will spend the next few weeks looking at exactly what these five have achieved over the last year to see who deserves it the most.

MONTHLY ACHIEVEMENT AWARDS



The achievement award for **December** goes to **Vinay Kapoor**

Vinay comes trampolining on Sunday mornings at Canons, with his brother. He has spent so long trying to learn swivel hips for badge 3, that he passed all the moves and the routine for badge 4 first. It was therefore a monumental occasion when he finally achieved this move as not only did he pass badge 3 but he was able to collect badge 4 as well !



The achievement award for **January** goes to **Kit Gillman**

Kit is a member of the Squad and trains on Saturday mornings at Harrow Leisure Centre. Over the past few weeks he has made excellent progress and can now perform a full back somersault without support. Kit has also been working on double back somersaults and Rudi's (one and a half twisting front somersaults) in the rig and hopes to have these high level skills out of the rig in the near future. On January 22nd Kit competed at Grade F for the first time and finished in a very impressive 3rd place.

THE NOMINATION FORMS ARE AVAILABLE FOR EVERYONE TO FILL IN DURING THE MONTH TO NOMINATE EITHER YOURSELF OR SOMEONE YOU THINK SHOULD RECEIVE THIS MONTHLY AWARD



Colour copies of the newsletters can be downloaded from our website www.harrowtrampolineclub.co.uk

OLYMPIC TEST EVENT

On Friday 13th Jan, Beeshman, Bharti, Daniella, Claire and Nicky all headed to the O2 to watch the Olympic test event for trampolining.

We were wowed by competitors from all over the world performing routines with tariffs up to 18 (the tariff for the Novice routine is 0.7 and the tariff for Grade G is 1.2).

In the **men's** trampoline qualifications, Dong Dong from China stole the show and took gold, not surprising really with a voluntary routine containing four triple and six double somersaults,



In the **women's** trampoline qualifications, Kat Driscoll was flying the flag for Great Britain. She had a long wait as the penultimate trampolinist up in the second group. She performed her set routine beautifully, giving her a score of 46.71 and 6th place going into her voluntary. In her second routine Kat stepped up onto the podium to a big cheer from the home crowd and she did not disappoint us. She performed a fantastic routine with a tariff of 15.4 which included 2 triple somersaults and scored 54.39, giving her a total of 101.10.

The women's event was won by Rosannagh MacLennan from Canada, so you may want to keep an eye open for these three during the Olympics.

The biggest excitement of the day was when after completing her routine, He Wenna from China, fell off the trampoline into the arms of the two spotters. Unfortunately, after lying in 1st place, even though she completed her routine, she lost marks for falling off and ended up in 7th.



It was a spectacular event and amazing to watch and after the presentation we were lucky enough to meet Kat and have our photo taken with her.

For those of you with sharp eyes, you will notice that their scores are exceptionally high – this is because at national level, your flight time is added to your final score.

So, your score is made up as follows -

3 x judges marks (highest and lowest removed) + tariff + flight time (so keep timing your routines and working on those times).

LONDON GRADING – 22nd January



With an impressive 22 entries to this competition we were able to make up five teams and it was lovely to see three of them come home with medals for first and second place.

Congratulations to Lara Turner and Olivia Neil-Trenchfield for qualifying from Grade G to Grade F and that means they can join Thiviya and make up a team for the next competition



Well done also to Beeshman, Thiviya and Kit who all competed their first competition at a higher grade and all three of them did exceptionally well, with Beeshman and Kit both picking up trophies.



The Results

Under 11 Novice <u>1st place team</u>	1st 2nd 4th	Reanna Gregory Kirstie Horsley Sandhya Sivakanthan	44.5 43.6 42.6
Under 13 Novice <u>1st place team</u>	3rd 5th 7th	Tara O'Shea Sophie Crosby Leo Yiallourous	45.7 43.9 36.9
Under 15 Novice <u>2nd place team</u>	5th 6th 7th	Millie Flashman Ife Njock-Barnes Lucy Pasi	45.1 44.8 43.9
Under 15 Girls – Grade G <u>(Team A) Insufficient members</u>	10th 14th	Olivia Neil-Trenchfield (Ta) Lara Turner (Ta) Sophie Harris (Ta)	46.4 46.0 Withdrawn
<u>(Team B) 6th place team</u>	24th 27th 28th	Emma Daggett (Tb) Rasham Akinlade (Tb) Sophia Hall (Tb)	44.0 40.5 38.1
Over 15 Girls – Grade G	9th	Thiviya Sivakanthan	42.7
Under 15 Girls – Grade F	6th	Aaliyah Dadzie	66.4
Under 15 Boys – Grade F	3rd	Kit Gillman	67.6
Over 15 Boys – Grade F	2nd	Beeshman Sivakumaran	70.9
Under 15 Boys – Grade E		Noah Gill	Withdrawn
Over 19 Ladies – Grade D	1st 2nd	Alex Nolan Kelly Booth	78.7 75.9

BADGE PASSES

1 STAR AWARD

Emma Hall
Joshua Hutson
Pharrell Covey-Deroy
Oskar Buczko
Eden Tivon
Serena Shah
Garwa Cheung
Devam Kothari
Abigail Wissinger
Rebekah King

2 STAR AWARD

Rares Muscar
Joshua Hutson
Pharrell Covey-Deroy
Akshay Luther
Olivia Brummer
Sasha Antell
Wing-Yi Cheung
Maya Kessler



3 STAR AWARD

Vinay Kapoor
Emer Walsh

4 STAR AWARD

Vinay Kapoor
Mickell Stewart-Grimes

5 STAR AWARD

Zoe Burr
Louise Jarvis
Veronika Pereira

6 STAR AWARD

Ruby Sillars

BASIC SKILLS MEDAL

Dillon McLaren
Danielle Harte

BRONZE MEDAL

Kirstie Horsley

SILVER MEDAL

Alice Samuroff

KIRSTIE'S BIRTHDAY CAKE

Kirstie wanted to you all to see the beautiful cake she had for her birthday, I think you will all agree it's quite impressive.



Your Welfare Officers are:

Kelly Booth - 07887 493164 (9am-9pm)

Daniella Moszoro - 07882 331788 (5-9pm weekdays and 10am-5pm weekends)