

# HARROW TRAMPOLINE CLUB

NEWSLETTER EIGHTY ONE – December 2011



## TRAMPOLINING OVER CHRISTMAS

Tuesday 20th December	Harrow Leisure Centre	Normal sessions
Wednesday 21st December	Canons Sports Centre	Normal sessions
Thursday 22nd December	Harrow Leisure Centre	Normal sessions
Sunday 25th December	Canons Sports Centre	Cancelled
Tuesday 27th December	Harrow Leisure Centre	Cancelled
<b>Wednesday 28th December</b>	<b>Canons Sports Centre</b>	<b>Pre-booking required</b>
Thursday 29th December	Harrow Leisure Centre	Cancelled
Sunday 1st January	Canons Sports Centre	Cancelled
Tuesday 3rd January	Harrow Leisure Centre	Cancelled
Wednesday 4th January	Canons Sports Centre	Normal sessions
Thursday 5th January	Harrow Leisure Centre	Cancelled
Saturday 7th January	Harrow Leisure Centre	Courses re-start

## ON-LINE BOOKING FOR COURSES

Priority booking is available from Monday 12th – Sunday 18th December for those currently enrolled on courses at Harrow Leisure Centre

After this date, booking will be open to the general public.

For the courses starting in January 2012 you will be able to book and pay on line by going to [www.sportscourses.org](http://www.sportscourses.org)

In the drop down menu to the right hand side of the screen, select the following:

- Borough – Harrow
- Centre – Harrow Leisure Centre
- Sport – Trampolining
- Day – Select the day of the course
- Age – Select the age of you or your child

Then follow the simple instructions to book onto the appropriate course.

For those of you already enrolled on a course, you will have been provided with your log-in details. For those who don't have priority booking, you will be able to create an account and book onto a course after December 19th.

You can of course still book at reception if you prefer. Please be careful to book onto the correct course as details cannot be changed.

## BRENTWOOD OPEN - 30TH OCTOBER

*“It was really strange to be at a different venue from the one we are used to and they had 8 trampolines which was also strange and as they were sooooo bouncy I didn’t feel I could put as much effort into my jumps and this meant that I could not get the high score I usually get. They did not sell as many sweets as they do at Harlington but they did sell chips though!”*

**Written by Lara Turner**

*I loooved Brentwood. It was sooooo much fun. They had a bar and they sold cup cakes and it was so good. I enjoyed helping the other people from the Squad and cheer for them and I even helped people from other Clubs. I had so much fun and I loved that they gave away cups of ice if you got too hot.”*

**Written by Sophia Hall**

*“There was a bar and they sold chips and you could get free cups of ice for when you were hot from running around the building when we were not competing. The trampolines were extra bouncy so it was hard to get high scores but I still came 3rd! It was so much fun but I wish they had more sweets, although they did have cup cakes so it was not too bad.”*

**Written by Reanna Gregory**

### **The Results**

Under 11 Girls – Grade I	<b>1st</b>	<b>Sandhya Sivakanthan</b>	<b>43.5</b>
<b><u>1st place team</u></b>	<b>3rd</b>	<b>Reanna Gregory</b>	<b>42.8</b>
	6th	Kirstie Horsley	41.5
	8th	Sophie Crosby	41.3
	9th	Tara O’Shea	41.2
Over 13 Girls – Grade H	4th	Rasharn Akinlade	40.1
Under 11 Girls – Grade G	17th	Sophia Hall	40.5
Under 13 Girls – Grade G	<b>3rd</b>	<b>Thiviya Sivakanthan</b>	<b>43.7</b>
<b><u>2nd place team</u></b>	10th	Olivia Neil-Trenchfield	42.2
	12th	Lara Turner	42.1
Under 15 Girls – Grade G	12th	Keryn Miller	40.0
Under 19 Girls – Grade G	6th	Aaliyah Dadzie	44.1
All boys – Regional E	<b>3rd</b>	<b>Noah Gill</b>	<b>49.0</b>

Don’t forget the closing date for the January competition is on December 18th so get your entry forms back as soon as possible. They have been e-mailed to you so if you have not received them, please ask Jan or Kelly for a paper copy.

# GYMMARK



After another year of updating our records and making sure everyone in our Club has all the necessary qualifications and been on all the relevant training courses, Harrow Trampoline Club are pleased to announce we received GymMark accreditation for the fourth year running.

## HAVE YOU LOST YOUR HOODIE?

We have had a navy blue Club hoodie handed in to us with no name in it. Please can you check to see if you have lost yours.

## CONGRATULATIONS



Congratulations to Stuart Sperinck (the Manager at Canons Sports Centre) who's wife gave birth to a baby boy at the end of October. They have called him Jack.

## BADGE PASSES

### 1 STAR AWARD

Zak Rosenbaum  
Louis Rosenbaum  
Rares Muscar  
Maya Kessler  
Rishabh Varia  
Devak Gor



### 4 STAR AWARD

Abi Levy  
Zoe Burr  
Aadhaven Jasotharan  
Jeea Chadha  
Louise Jarvis

### 2 STAR AWARD

Seren Gillett  
Grace Williams  
Eira Gillett  
Sneha Jogi  
Molly Hegarty  
Gaya Szydlowska  
Alyssa Mistry

### BASIC SKILLS MEDAL

Deena Soul  
Sophie Crosby  
Sophie Teer  
Lucy Pasi  
Ayana Louisy

### 5 STAR AWARD

Daven Kauppayamootoo  
Tali Batsir

### 3 STAR AWARD

Jamie Horsley

### SILVER MEDAL

Sandhya Sivakanthan  
Reanna Gregory

### 6 STAR AWARD

Louise Quinnell  
Dillon McLaren

## MONTHLY ACHIEVEMENT AWARDS



We received three nominations for **November** and the achievement of the month award goes to **Emma Daggett**.

**Emma says** "I learnt how to do a front somersault ages ago but got scared so stopped doing them". Her coaches are very proud of her as not only has she overcome a great fear but she has progressed so much, she can now complete the Grade G routine.

**Emer Walsh** – Emer's mum nominated her for trying so hard to do swivel hips, which she finally managed to achieve this month.

**Sophia Hall** – Sophia says "I have been in the Squad for a year now and I am so excited!!"

**THE NOMINATION FORMS ARE AVAILABLE FOR EVERYONE TO FILL IN DURING THE MONTH TO NOMINATE EITHER YOURSELF OR SOMEONE YOU THINK SHOULD RECEIVE THIS MONTHLY AWARD**



## YOUR WELFARE OFFICERS

**Kelly Booth** - can be contacted on 07887 493164 (9am-9pm)

**Daniella Moszoro** - can be contacted on 07882 331788 (5-9pm weekdays and 10am-5pm weekends)

**Vicky Leech** - is still available on 07961 944152 (9am-8pm).

If you have any concerns you wish to discuss, please feel free to contact any them for a private and confidential chat.